

APPENDIX A

Year 2000 Health Objectives for the Nation: Montana Summary of BRFSS¹ Data for 1999

Healthy People 2000 ² Objective ¹	Yr 2000 Target	Montana 1999 (CI)*
Overweight (Objective 1.2) (males: BMI ≥ 27.8 ; females: BMI ≥ 27.3) Ages ≥ 20	$\leq 20\%$	30.5% ($\pm 2.4\%$)
Cigarette Smoking (Objective 3.4) Ages ≥ 18	$\leq 15\%$	20.2% ($\pm 2.1\%$)
Stopped smoking cigarettes for at least 1 day during the preceding year (Objective 3.6) Ages ≥ 18	$\geq 50\%$	48.0% ($\pm 6.3\%$)
Blood Pressure Screening (within past two years) (Objective 15.13) Ages ≥ 18	$\geq 90\%$	93.3% ($\pm 1.3\%$)
Cholesterol Screening (within past five years) (Objective 15.14) Ages ≥ 18	$\geq 75\%$	65.0% ($\pm 2.6\%$)
No Permanent Tooth Loss Due to Caries or Periodontal Diseases (Objective 13.3) Ages 35 - 44	$\geq 45\%$	65.2% ($\pm 5.1\%$)
Total Tooth Loss (Objective 13.4) Ages ≥ 65	$\leq 20\%$	29.3% ($\pm 4.9\%$)
Regular Dental Visits (within past year) (Objective 13.4) Ages ≥ 35	$\geq 70\%$	64.3% ($\pm 2.8\%$)
Clinical Breast Exam and Mammogram (ever had) (Objective 16.11)		
Women ages ≥ 40	$\geq 80\%$	83.1% ($\pm 3.0\%$)
Women ages ≥ 70	$\geq 80\%$	79.9% ($\pm 5.9\%$)
Low-income (annual family income $< \$10,000$) women ages ≥ 40	$\geq 80\%$	Insufficient Data

*95% confidence interval ($\pm \%$)

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Healthy People 2000 ² Objective ³	Yr 2000 Target	Montana 1999(CI)*
Clinical Breast Exam and Mammogram (within past two years) (Objective 16.11)		
Women ages ≥50	≥60%	66.4% (±4.5%)
Women ages ≥70	≥60%	62.0% (±7.2%)
Low-income (annual family income <\$10,000) women ages ≥50	≥60%	Insufficient Data
Pap Smear, Women with Intact Uterine Cervix (ever had) (Objective 16.12)		
Ages ≥18	≥95%	97.0% (±1.7%)
Ages ≥70	≥95%	93.7% (±4.5%)
Low-income (annual family income <\$10,000) women ages ≥18	≥95%	Insufficient Data
Pap Smear, Women with Intact Uterine Cervix (within past three years) (Objective 16.12)		
Ages ≥18	≥85%	85.2% (±2.9%)
Ages ≥70	≥70%	69.2% (±9.6%)
Low-income (annual family income <\$10,000) women ages ≥18	≥80%	Insufficient Data
Sigmoidoscopy (ever had) (Objective 16.13)		
Ages ≥50	≥40%	43.2% (±3.8%)
Fecal Occult Blood Test (using home kit, with in past two years) (Objective 16.13)		
Ages ≥50	≥50%	26.4% (±3.5%)
Diabetes Prevalence (Objective 17.11)		
Ages ≥18	≤2.5%	5.9% (±1.2%)
Influenza Immunization (within past year) (Objective 20.11)		
Ages ≥65	≥60%	72.9% (±4.8%)
Pneumococcal Pneumonia Immunization (ever had) (Objective 20.11)		
Ages ≥65	≥60%	61.2% (±5.4%)

* 95% confidence interval (±%)

¹ Behavioral Risk Factor Surveillance System

² Public Health Service. *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*. Washington, DC: U.S. Department of Health and Human Services, Publication No. PHS 91- 50212; 1991.

³ In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2000. See Healthy People 2000 for the exact definition of the objective.